



## World Health Day 2019

**Venue** : Gallery, SITAMS

**Date** : 05.04.2019

### **Theme:**

World Health Day is a chance to celebrate health and remind world leaders that everyone should be able to access the health care they need, when and where they need it.

**Moto: Health for all – everyone, everywhere**

### **Objectives of this World Health Day 2019:**

- To improve understanding of universal health coverage and the importance of primary health care as its foundation.
- To spur action from individuals, policy-makers and health-care workers to make universal health care a reality for everyone.

Sreenivasa institute of technology and management studies made its mark in celebrating **World Health Day** on every year 7<sup>th</sup> April. We conducted Jothi Meditation in our gallery 11.00am by Sri K. Narayanan, Psychological analyst. The celebrations began with a special talk on Meditation. Our Principal has introduced the guest. More than 120 students were participated.



**Sri K Narayanan has taken Meditation Class in our SITAMS Gallery**