



SREENIVASA INSTITUTE OF TECHNOLOGY AND MANAGEMENT STUDIES
(Autonomous)

Department of Management Studies

QUESTION BANK

Human Values: 22AUD231

SREENIVASA INSTITUTE of TECHNOLOGY and MANAGEMENT STUDIES
(AUTONOMOUS)

HUMAN VALUES

QUESTION BANK

II MBA / III - SEMESTER

REGULATION: R22



BY
FACULTY INCHARGE : DR.K.SUDARSAAN , PROFESSOR

DEPARTMENT : MASTER OF BUSINESS ADMINISTRATION



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II MBA – Semester - III					
Course Code	HUMAN VALUES	L	T	P	C
22AUD231		2	0	0	0
Course Educational Objectives (CEO):					
CEO1: Develop a holistic perspective based on self-exploration					
CEO2: Enhance the knowledge about roles of human being in family, society and nature/existence.					
CEO3: Develop clarity of the harmony in the human being.					
CEO4: Strengthen self-reflection and self analysis					
CEO5: Develop commitment and courage to act.					
UNIT - I	Introduction to human values and Self exploration	Hrs: 3			
Universal Human Values-. Self-Exploration– content and process					
UNIT - II	Happiness and Prosperity	Hrs 3			
Continuous Happiness and Prosperity- Understanding Happiness and Prosperity correctly- Human aspirations.					
UNIT - III	Harmony in the Human Being	Hrs:3			
Understanding Harmony in the Human Being - Harmony in Self -. Understanding human being as a co-existence of the sentient 'I' and the material.					
UNIT - IV	Harmony in the Family	Hrs:3			
Harmony in Human-Human Relationship - Values in human-human relationship; Meaning of Justice (nine universal values in relationships) and program for its fulfilment to ensure mutual happiness-Trust and Respect as the foundational values of relationship					
UNIT - V	Harmony in the society	Hrs:3			
Resolution, Prosperity, fearlessness (trust) and co-existence as comprehensive Human Goals Visualizing a universal harmonious order in society					
Course Outcomes:					
On successful completion of the course the student will be able to,					POs related to COs
CO1	Analyze the self and identify the need for changes in self				PO3,PO4
CO2	Evaluate the alternatives that provides happiness and prosperity				PO3,-PO4
CO3	Create harmony in self through co-existence				PO3,PO4
CO4	Create harmony in the family and society through values in relationship				PO3,PO4
CO5	Create harmony in the society by visualizing order in society				PO3,PO4
Text Books:					
1. Human Values and Professional Ethics by R R Gaur, R Sangal, G P Bagaria, Excel Books, New Delhi, 2010					
Reference Book:					
1. Jeevan Vidya: Ek Parichaya, A Nagaraj, Jeevan Vidya Prakashan, Amarkantak, 1999.					
2. Human Values, A.N. Tripathi, New Age Intl. Publishers, New Delhi, 2004.					
3. The Story of Stuff (Book).					
4. The Story of My Experiments with Truth - by Mohandas Karamchand Gandhi					



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5. Small is Beautiful - E. F Schumacher.
6. Slow is Beautiful - Cecile Andrews

Online Learning Resources:

<https://www.youtube.com/watch?v=sGZtTPe-lhQ>
<https://www.youtube.com/watch?v=jXi8ydWX5rY>
https://www.youtube.com/watch?v=mormUeZ_RUE

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Question No.	Questions	PO and PSO Attainment
UNIT - 1: INTRODUCTION TO HUMAN VALUES AND SELF EXPLORATION		
PART-A (Two Marks Questions)		
1	What are universal human values?	PO3, PO4, PSO2
2	Give an example of a universal human value.	PO3, PO4, PSO2
3	Explain the importance of empathy as a universal human value.	PO3, PO4, PSO2
4	Name one key benefit of promoting universal human values in society.	PO3, PO4, PSO2
5	How do universal human values contribute to global harmony?	PO3, PO4, PSO2
6	Define tolerance as a universal human value.	PO3, PO4, PSO2
7	Provide a brief explanation of the concept of human rights as a universal value.	PO3, PO4, PSO2
8	Why is the concept of equality considered a universal human value?	PO3, PO4, PSO2
9	How do universal human values influence ethical decision-making?	PO3, PO4, PSO2
10	Describe the role of education in promoting universal human values.	PO3, PO4, PSO2
11	What is self-exploration?	PO3, PO4, PSO2
12	Why is self-awareness important in self-exploration?	PO3, PO4, PSO2
13	Name one common method for self-exploration.	PO3, PO4, PSO2
14	How can self-exploration contribute to personal growth?	PO3, PO4, PSO2
15	Define self-reflection in the context of self-exploration.	PO3, PO4, PSO2
16	Why do people engage in self-exploration?	PO3, PO4, PSO2
17	What role does self-exploration play in decision-making?	PO3, PO4, PSO2
18	Describe one potential challenge in self-exploration.	PO3, PO4, PSO2
19	How can journaling be used as a tool for self-exploration?	PO3, PO4, PSO2
20	What are the benefits of seeking external guidance or therapy for self-exploration?	PO3, PO4, PSO2



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PART-B (Ten Marks Questions)		
1	Discuss the significance of universal human values in promoting a just and harmonious global society.	PO3, PO4, PSO2
2	Define key universal values and explore their impact on individual behavior, societal norms, and international relations.	PO3, PO4, PSO2
3	Provide examples of how the promotion and adherence to these values can lead to positive changes at both the micro and macro levels. Additionally, address the challenges and criticisms associated with the idea of universal human values.	PO3, PO4, PSO2
4	Explore the concept of self-exploration as a fundamental process for personal development and self-awareness.	PO3, PO4, PSO2
5	Define self-exploration, discuss its importance in gaining insights into one's identity and values, and explain the various methods and techniques that individuals can employ for effective self-exploration.	PO3, PO4, PSO2
6	Provide real-life examples to illustrate the impact of self-exploration on personal growth and well-being, and consider potential challenges and strategies for overcoming them in the process of self-exploration.	PO3, PO4, PSO2
UNIT - 2: HAPPINESS AND PROSPERITY		
PART-A (Two Marks Questions)		
1	What is continuous happiness?	PO3, PO4, PSO2
2	Define prosperity in the context of societal well-being.	PO3, PO4, PSO2
3	Why is long-term well-being important for individuals and societies?	PO3, PO4, PSO2
4	Name one key factor that contributes to continuous happiness.	PO3, PO4, PSO2
5	How does economic stability relate to prosperity?	PO3, PO4, PSO2
6	Give an example of a societal challenge that can hinder continuous happiness and prosperity.	PO3, PO4, PSO2
7	Explain the concept of sustainable development in the context of continuous prosperity.	PO3, PO4, PSO2
8	Why is psychological well-being an important component of continuous happiness?	PO3, PO4, PSO2
9	Describe one strategy to promote sustainable happiness and prosperity at the societal level.	PO3, PO4, PSO2
10	How can addressing environmental concerns contribute to continuous prosperity?	PO3, PO4, PSO2
11	What is the importance of understanding happiness and prosperity accurately?	PO3, PO4, PSO2
12	Define subjective well-being in the context of happiness.	PO3, PO4, PSO2
13	How can cultural differences impact the perception of prosperity?	PO3, PO4, PSO2
14	What is the difference between subjective and objective well-	PO3, PO4, PSO2



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	being?	
15	Why is it essential to consider individual values in understanding happiness?	PO3, PO4, PSO2
16	Give an example of a factor that can influence an individual's perception of happiness.	PO3, PO4, PSO2
17	How do personal experiences contribute to the understanding of happiness?	PO3, PO4, PSO2
18	Explain the multifaceted nature of happiness.	PO3, PO4, PSO2
19	Why is a nuanced understanding of happiness and prosperity important for policymaking?	PO3, PO4, PSO2
20	How can the pursuit of happiness vary from one person to another?	PO3, PO4, PSO2
21	What are human aspirations?	PO3, PO4, PSO2
22	Define the concept of personal aspirations.	PO3, PO4, PSO2
23	How do individual aspirations differ from societal aspirations?	PO3, PO4, PSO2
24	Give an example of a common human aspiration.	PO3, PO4, PSO2
25	Why are aspirations considered a driving force for personal growth?	PO3, PO4, PSO2
26	What role do aspirations play in goal setting?	PO3, PO4, PSO2
27	Explain the influence of culture on human aspirations.	PO3, PO4, PSO2
28	How can education contribute to the fulfillment of aspirations?	PO3, PO4, PSO2
29	Define the term "aspirational gap."	PO3, PO4, PSO2
30	What is the significance of aligning one's actions with their aspirations?	PO3, PO4, PSO2

PART-B(Ten Marks Questions)

1	Explore the concept of continuous happiness and prosperity as integral components of individual well-being and societal development.	PO3, PO4, PSO2
2	Define these terms and discuss the interplay between personal happiness and societal prosperity.	PO3, PO4, PSO2
3	Analyze the key factors that contribute to sustaining happiness and prosperity over time, as well as the challenges that individuals and societies may encounter in achieving and maintaining these states.	PO3, PO4, PSO2
4	Provide examples and strategies for promoting continuous happiness and prosperity at both the individual and societal levels, emphasizing the interconnectedness between personal and collective well-being.	PO3, PO4, PSO2
5	Discuss the multifaceted nature of happiness and prosperity, highlighting the importance of understanding and defining these concepts correctly.	PO3, PO4, PSO2
6	Define what happiness and prosperity mean and how they can vary across individuals and cultures. Explore the factors that influence people's perceptions of happiness and prosperity, and	PO3, PO4, PSO2



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	explain the interplay between subjective and objective well-being.	
7	Provide real-life examples to illustrate the complexities of these concepts and how they can be pursued and measured accurately.	PO3, PO4, PSO2
8	Conclude by addressing the significance of a nuanced understanding of happiness and prosperity in guiding individual and societal goals.	PO3, PO4, PSO2
9	Explore the complex nature of human aspirations and their role in shaping individuals' lives and society as a whole.	PO3, PO4, PSO2
10	Define human aspirations and distinguish between personal and societal aspirations. Discuss how aspirations drive individuals to set and pursue goals, emphasizing the influence of culture, personal values, and education in shaping these aspirations.	PO3, PO4, PSO2
11	Examine the impact of unfulfilled aspirations and the strategies people use to align their actions with their aspirations.	PO3, PO4, PSO2
12	Provide real-life examples to illustrate the diversity and significance of human aspirations in different contexts.	PO3, PO4, PSO2

UNIT - 3 HARMONY IN THE HUMAN BEING

PART-A (Two Marks Questions)

1	Define harmony in the context of a human being. Provide a brief explanation of its significance.	PO3, PO4, PSO2
2	Give one example of how emotional harmony can positively impact a person's overall well-being.	PO3, PO4, PSO2
3	Define "harmony in self" in your own words and briefly explain its significance in personal well-being.	PO3, PO4, PSO2
4	Provide one example of a daily practice or habit that can help an individual achieve and maintain harmony in their life.	PO3, PO4, PSO2
5	Define the concept of the sentient 'I' in the context of a human being.	PO3, PO4, PSO2
6	Explain the significance of recognizing the co-existence of the sentient 'I' and the material in understanding human nature.	PO3, PO4, PSO2
7	Define harmony in the context of a human being. Provide a brief explanation of its significance.	PO3, PO4, PSO2

PART-B(Ten Marks Questions)

1	Explain the concept of harmony in the human being and illustrate.	PO3, PO4, PSO2
2	Discuss the interplay between physical, mental, and emotional harmony, and how achieving this state of balance can positively impact overall well-being. Provide examples and strategies for individuals to attain and maintain harmony in their lives.	PO3, PO4, PSO2
3	Explain the concept of "harmony in self" and its significance in personal development and overall well-being.	PO3, PO4, PSO2
4	Discuss the factors that can disrupt one's inner harmony and provide practical strategies for individuals to attain and maintain a sense of balance and peace within themselves. Use	PO3, PO4, PSO2



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	examples and real-life scenarios to illustrate your points.	
5	Discuss the concept of a human being as a co-existence of the sentient 'T' and the material.	PO3, PO4, PSO2
6	Explain the significance of recognizing and balancing these aspects in understanding human nature. Provide examples and explore how this understanding can influence an individual's perception of self, relationships, and personal growth.	PO3, PO4, PSO2

UNIT - 4: HARMONY IN THE FAMILY

PART-A (Two Marks Questions)

1	Define "harmony in a human being" in a few words, highlighting its essential components.	PO3, PO4, PSO2
2	Provide one example of how achieving harmony in one's personal life can positively influence their professional life.	PO3, PO4, PSO2
3	Define empathy in the context of human relationships and explain its significance.	PO3, PO4, PSO2
4	Provide one example of a healthy boundary-setting practice in a human relationship and explain how it contributes to a positive dynamic.	PO3, PO4, PSO2
5	Define one of the nine universal values in human-human relationships and explain its significance in fostering positive connections between individuals.	PO3, PO4, PSO2
6	Briefly explain the concept of justice as a universal value in relationships. Outline a simple program or strategy that can be implemented to promote justice and ensure mutual happiness in interpersonal interactions.	PO3, PO4, PSO2
7	Define the concept of trust as a foundational value in a relationship and briefly explain why it is important.	PO3, PO4, PSO2
8	Describe the significance of respect in a relationship, and provide one example of how demonstrating respect can positively impact the dynamics of a relationship.	PO3, PO4, PSO2

PART-B (Ten Marks Questions)

1	Explain the concept of "harmony in a human being."	PO3, PO4, PSO2
2	Discuss the interconnectedness of physical, mental, and emotional well-being in achieving this harmony. Provide examples of situations where individuals may struggle to maintain harmony and suggest strategies for them to regain balance in their lives.	PO3, PO4, PSO2
3	Discuss the complexities and dynamics of human relationships.	PO3, PO4, PSO2
4	Explore the role of communication, empathy, and conflict resolution in fostering healthy relationships.	PO3, PO4, PSO2
5	Provide real-life examples or scenarios to illustrate the challenges people face in maintaining strong connections with others. Additionally, suggest strategies for individuals to build	PO3, PO4, PSO2



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	and sustain meaningful and harmonious relationships in their personal and professional lives.	
6	Discuss the significance of values in human-human relationships, including the concept of justice as one of the nine universal values in relationships.	PO3, PO4, PSO2
7	Explain how values impact the quality of interpersonal connections. Provide an in-depth program or strategy for fostering justice in relationships to promote mutual happiness. Use real-life examples or scenarios to illustrate your points.	PO3, PO4, PSO2
8	Discuss the pivotal role of trust and respect as the foundational values in building and maintaining healthy relationships.	PO3, PO4, PSO2
9	Explain how trust and respect are interrelated and explore the consequences when one or both of these values are lacking in a relationship. Provide real-life examples or scenarios to illustrate the significance of trust and respect in interpersonal connections and suggest strategies for individuals to cultivate these values in their own relationships.	PO3, PO4, PSO2

UNIT - 5: HARMONY IN THE SOCIETY

PART-A (Two Marks Questions)

1	Define one of the comprehensive human goals, such as "fearlessness" (trust), and briefly explain its significance in fostering a universal harmonious order in society.	PO3, PO4, PSO2
2	Explain how the concept of "resolution" contributes to the achievement of comprehensive human goals. Provide a brief example of how resolution can lead to a more harmonious and prosperous society	PO3, PO4, PSO2
3	Define the concept of "prosperity" as a comprehensive human goal and briefly explain its significance in fostering a universal harmonious order in society.	PO3, PO4, PSO2
4	Explain the meaning of "fearlessness (trust)" as a human goal and provide one example of how it can promote a more harmonious and inclusive society.	PO3, PO4, PSO2

PART-B (Ten Marks Questions)

1	Discuss the concept of resolution, prosperity, fearlessness (trust), and co-existence as comprehensive human goals in visualizing a universal harmonious order in society.	PO3, PO4, PSO2
2	Explain how these goals contribute to the well-being of individuals and the overall harmony of a community.	PO3, PO4, PSO2
3	Provide real-life examples or scenarios that demonstrate the importance of these goals and suggest strategies or initiatives that can be implemented to promote these values for a more harmonious and prosperous society.	PO3, PO4, PSO2